

HARDESTY

PODCAST 1: PURSING PASSION

CP1

2/3/2017

[MUSIC IN]

[DAD IN]

INTELLIGENT AND HARD WORKING

[DAD OUT]

[BRENNO IN]

I LIKE TO PUT LIKE SHE'S LIKE A FLUFF BALL. SHE'S SO CUTE. SHES LIKE SO CUTE. SHE'S LIKE SO NICE AND LIKE YOU CAN'T HATE HER. YOU CAN'T FIND ANY FLAWS IN HER AND SHE'S AN ALL AROUND NICE PERSON.

[BRENNO OUT]

[ANGELA IN]

FUNNY. CARING. HONESTLY SHE' LIKE PERFECT

[ANGELA OUT]

[MOM IN]

SHE HAS GROWN STRONGERIN HER PERSONALITY, PERSISTENT, HARDWORKING CARING AND WILLING TO CONTRIBUTE TO COMMUNITY.

[MOM OUT]

[ALISHA SKATING IN]

ALISHA WANG. CARMEL HIGH SCHOOL SENIOR IN THE CLASS OF 2017, REGIONALLY AND  
NATIONALLY RANKED FIGURE SKATER WITH OVER 200 MEDALS AND 3 PLAQUES.

[ALISHA IN]

OKAY I STARTED SKATING WHEN I WAS 6 1/2, WHEN MY MOM BROUGHT ME, MY SISTER, AND  
A FAMILY FRIEND TO THE RINK JUST FOR FUN IN THE WINTER. I JUST KEPT GOING FROM  
THERE.

I REALLY STARTED TO HAVE A PASSION FOR SKATING WHEN MY MOM TOLD ME ABOUT HOW  
SHE USED GO SKATING WHEN SHE WAS LITTLE ON THE POND AND MY GRANDPA WOULD  
MAKE HER SKATES FOR HER SO I JUST THOUGHT WE ALWAYS HAD ANOTHER CONNECTION.  
SOMETHING TO TALK ABOUT WHENEVER THERE WAS EMPTY SPACE OR SOMETHING. AND I  
NOT ONLY DID LIKE A CONNECTION WITH HER NOW BUT I JUST REALLY LIKED IT SO I JUST KEPT  
GOING.

[ALISHA OUT]

[SFX SKATING STOP IN AND OUT]

IN THE WANG FAMILY, THIS SPORT MEANS A LOT TO THEM. HER MOM BELIEVES THAT THIS  
SPORT HAS BROUGHT THEIR WHOLE FAMILY TOGETHER.

[MOM IN]

THE SKATING HAS BEEN GOING ON FOR MANY YEARS IN THE FAMILY. STARTED WITH HER  
SISTER AND THEN OVER YEARS IT HAS REALLY BROUGHT THE FAMILY TOGETHER  
ESPECIALLY WHEN WHEN THERE IS COMPETITIONS OR ICE SHOW NEAR NEAR THE FAMILY THAT  
THE WHOLE FAMILY GOES TOGETHER. SO IT'S REALLY BROUGHT THE FAMILY TOGETHER

[MOM OUT]

HER PASSION CARRIED OUT BOTH ON AND OFF THE ICE. SHE WAS DRIVEN TO DO THE SPORT THAT SHE LOVES. COACH MARIE MILLIKAN HAS BEEN HER COACH SINCE THE BEGINNING OF HER ICE SKATING CAREER. SHE HAS BEEN THERE TO SEE HOW DEDICATED ALISHA HAS BEEN OVER THE YEARS.

[COACH IN]

SHE SKATES EVERYDAY. SHE USUALLY GETS ONE DAY OFF MAYBE TWO DAYS SOMETIMES DEPENDS ON WHAT PART OF THE SEASON IT IS. AND IM NOT NECESSARILY ALWAYS WITH HER ONE ON ONE, BUT IM AROUND IF SHE HAS A QUESTION OR NEEDS HELP BUT I SEE PRETTY MUCH YOU KNOW AT LEAST FIVE TO SIX DAYS A WEEK.

[COACH OUT]

[PRACTICE AUDIO IN]

[ALISHA IN]

I WOULD SAY ALL IN ALL I WOULD PROBABLY SKATE OVER 20 HOURS A WEEK INCLUDING LIKE BALLET AND OFF ICE AND ON ICE. I SKATE MONDAY TUESDAY THURSDAY FRIDAY BEFORE SCHOOL THE SESSION STARTS AT 5:30 AND I GET OFF AT 7 TO GET READY FOR SCHOOL OBVIOUSLY. AND THEN EVERY OTHER DAY WHICH IS EVERY BLUE DAY 4TH PERIOD I LEAVE SCHOOL TO GO TO THE RINK AND I'VE BEEN DOING THAT SINCE SOPHOMORE YEAR. AND THEN I SKATE SATURDAY MORNINGS OCCASIONALLY

[ALISHA OUT]

THIS SPORT IS ALL ABOUT TECHNIQUE, ANGLES, POSITIONS, AND PERFECTION. OVERTIME, FIGURE SKATING HAS BECOME MORE TECHNICAL THAN EVER WITH THE POINT VALUES OF SPINS, TOE LOOPS, A LUTZ, DOUBLE AXELS, JUMPS, AND MORE. THE CATEGORIES ALISHA IS JUDGED BY ARE SKATING SKILLS, THE TRANSITIONS, THE PERFORMANCE THAT IS EXPRESSED IN STYLE, COMPOSITION AND PURPOSE OF THE PIECE, AND THE INTERPRETATION OF MUSIC AND TIMING. THOSE ARE A LOT OF CATEGORIES THAT FIGURE SKATERS REALLY HAVE TO REALLY THINK ABOUT WHEN PERFORMING. HOW IS A PERSON ABLE TO LEARN PERFECTION?

[ALISHA IN]

ALISHA IN 4:10?

YOU'RE ALWAYS ENCOUNTERING FAILURE. SO WHENEVER YOU DO HAVE A SUCCESS YOU KNOW THAT WAS LIKE HARD EARNED AND THAT'S I GUESS THAT'S LIKE A LESSON THAT'S IRREPLACEABLE BECAUSE I DON'T KNOW SOME PEOPLE ITS RELLY HARD TO DEAL WITH FAILURE, BUT WITH SKATING. **UMM** ITS ALWAYS FAILURE. SO YOU DEFINITELY LEARN A LOT FROM THAT IN ADDITION TO OTHER CHARACTERISTICS.

[ALISHA OUT]

THROUGH FIGURE SKATING, MISTAKES AND FAILURES ARE EASILY RECOGNIZABLE, BUT THESE OBSTACLES CANNOT INTERFERE WITH HER PASSION TO COMPETE.

[MUSIC IN]

I LIKE UMM THE ADRENALINE OF STARTING MY PROGRAM. I KNOW LIKE EVERYONE HATES STARTING THEIR PROGRAM, BUT I THINK LIKE THAT WHOLE ADREN... IM LIKE AN ADRENALINE JUNKIE I JUST LOVE DOING SO MANY THINGS THAT ARE JUST OUTGOING AND

FUN BUT IT'S JUST LIKE YOU'RE COLD LIKE THE COLD AIR IS LIKE MAKING YOU HAVE  
GOOSEBUMPS AND ALL THE JUDGES ARE STARING AT YOU

[MUSIC OUT]

AND YOU'RE COACH IS LIKE ANTICIPATING AND EVERYONE IS JUST WATCHING AND THEN YOU  
LIKE WAIT FOR THE MUSIC TO START

[MUSIC IN]

AND I GUESS LIKE THAT'S THE COOL PART. EVERYTHING BEFORE THAT IS JUST SO NERVE  
WRACKING AND THEN EVERYTHING AFTER THAT IS LIKE OH OK I'M STARTING ITS FINE AND  
THEN TOWARDS THE END OF THE PROGRAM THAT'S WHEN YOU START LIKE GETTING REALLY  
TIRED...

[MUSIC OUT]

[SFX SPIN]

ALISHA HAS IMPROVED HER SKATING SKILLS OVER THE YEARS AND HAS MADE IT TO THE  
HIGHEST LEVEL SHE CAN GET AT HER AGE. THE LEVEL SHE COMPETES IN IS CALLED SENIOR FREE  
SKATE. AS MENTIONED BEFORE, ALISHA HAS MANY AWARDS FOR HER ACHIEVEMENTS IN ICE  
SKATING.

[COACH IN]

WELL ALISHA IS THE A VERY DIFFICULT TO SAY BECAUSE SHE IS ONE OF THE VERY GOOD ALL  
AROUND SKATERS. THERE ARE PEOPLE WHO ARE GOOD AT SPINNING OR GOOD AT JUMPING  
OR THEY ARE JUST GOOD AT BEING VERY PRETTY VERY BALLEICAL. SHE CAN DO IT ALL. AND  
THAT'S ALSO WHY SHE BECAME A COUPLE TIMES IN A ROW THE BEST INDIANA ALL AROUND  
SKATER BECAUSE SHE CAN DO IT ALL.

[SKATING COMBINATION SPIN]

[COACH OUT]

[ALISHA IN]

THE HARDEST PART ABOUT SKATING AS A SPORT IS TO KEEP GOING. AT ONE POINT IT'S SUCH  
IT'S SUCH LIKE A FIDGETY SPORT. LIKE ONE DAY ALL YOUR JUMPS CAN BE REALLY GOOD AND  
THEN THE NEXT IT SUCKS AND YOU DON'T KNOW WHY. LIKE NOTHING HAS CHANGED YOUR  
WEIGHT HASN'T CHANGED OR MAYBE EVEN LIKE THE SLIGHTEST ONE  
POUND FLUCTUATION WILL MESS UP ALL OF YOUR JUMPS UP

[ALISHA OUT]

[SFX JUMP IN AND OUT]

THOUGH THERE IS A LOT OF PRESSURE THAT GOES INTO THIS SPORT, EMOTIONALLY,  
PHYSICALLY, AND MENTALLY, ALISHA HAS LOOKED PAST THEM AND CONTINUED HER PASSION.

[ALISHA IN]

I JUST LOVE THE SPORT. I THINK IT'S REALLY BEAUTIFUL. ITS VERY DIFFICULT. THE WHOLE  
TRICK OF THE SPORT IS TO MAKE IT LOOK EASY AND THAT'S WHY I GUESS IT'S ALMOST  
CLASSIFIED AS NOT A SPORT TO SOME PEOPLE BECAUSE IT DOESN'T LOOK HARD. IT ACTUALLY  
USES SO MUCH ATHLETICISM AND SKILL AND SKATING HAS TAUGHT ME SO MANY LIFE  
LESSONS MORE THAN LIKE THAN ANYTHING OTHER THING IN MY LIFE I WOULD SAY. I LIKE JUST  
HAVE THE SPORT ALMOST GUIDE ME AND IT JUST IT'S THE WAY OF LIFE I GUESS

ALISHA IS SKATING COLLEGIATE, BUT OVER TIME SHE WILL STOP SKATING JUST LIKE ANY OTHER SPORT. SKATING HAS BEEN HER WHOLE LIFE, BUT IT WON'T NECESSARILY EVER GO AWAY.

[MUSIC IN]

[ALISHA IN]

I THINK FOR MY THE REST OF MY LIFE IM GOING TO HAVE THIS SPORT IN MY LIFE NO MATTER IN WHAT WAY LIKE I'LL EITHER BE WATCHING IT OR COACHING PART TIME OR JUDGING OR I DON'T THINK I WILL BE SKATING PROFESSIONALLY IN SHOWS OR ANYTHING

[ALISHA OUT]

OVERALL, ALISHA HAS COME VERY FAR WITH FIGURE SKATING AND HAS LEARNED SO MUCH FROM IT.

[ALISHA IN]

I LOVE FIGURE SKATING AND I WILL ALWAYS LOVE FIGURE SKATING. IT WAS BASICALLY MY WHOLE CHILDHOOD BUT FIGURE SKATING I DON'T THINK THAT DEFINES ME AS ONE PERSON AND I REALLY HOPE TO SEE WHO I CAN BECOME IN THE FUTURE.

[ALISHA OUT]

FOR WHJE, THIS HAS BEEN MICAH HARDESTY AND THIS IS PURSING PASSION.

[MUSIC OUT]