The only thing to do with good advice is to pass it on, so here we go.

Always remember to tell people that you love them.

I love you because... I love you because:

Because of that sense of humor. That's it right there. Get us through a lot of good times and hard times. I love you because you're funny. I know I am. Oh, thanks Stella. I love you because you're kind hearted. I love you because, you know how to make me laugh. Because you're playful, kind, smart and you understand my love languages. We've been together for so long, and all those times you've supported me, you're my biggest supporter. You're patient, you're loving, and I love you because you've taught me how to love. You're very loving, you've opened my heart. And you have a really cute smile and sparkly eyes. Just a few reasons why I love you. The Christmas season is never more than 12 months away.

Never forget the dreams you had as a kid.

When I grow up, I want to be a veterinarian. Well, I like to help animals, cause I love them. Well, I haven't really thought about that, but I think one of my main choices is a writer because I enjoy classes like writing and literature. President of the United States. Marine biologist. Paleontologist. A princess.

Put away your phone the real world is not on hold.

Inspiration is everywhere you look. Walk in continuous awe of the world.

I want us to leave this world better than we found it. And how I choose to affect change is by speaking up, by being the first, by being the domino.

You, me, or nobody is gonna hit as hard as life. But it ain't how hard you hit; it's about how hard you can get hit, and keep moving forward. How much you can take, and keep moving forward.